

White Heron Sangha Program Schedule Summary

Summer 2017

Unless otherwise indicated, meetings held Sunday evenings at 6:00pm at White Heron Sangha Meditation Center, 6615 Bay Laurel Pl, Avila Beach CA 93424

NOTE: Late changes may not be reflected here. Always consult the online events calendar for up-to-date information (www.whiteheronsangha.org), as well as for additional details.

June		
4	SUN	<i>(5:00pm optional beginning meditation instruction)</i> Refuge Ceremony led by Joe giral
11	SUN	"Who Am I? Reflections on No-Self" - talk by Joe Lynch
18	SUN	"Lojong" - talk by Lynn Breakstone
25	SUN	"Meditating with Mantras and Chanting" - talk by Claudia Coleman
July		
2	SUN	<i>(5:00pm optional beginning meditation instruction)</i> "Sharing the Dharma" - bring a short reading to share
9	SUN	Panel discusses WHS feeding the homeless at Prado Day Center
16	SUN	Dedication ceremony for the new White Heron Sangha Meditation Center
23	SUN	"The Buddha's Dream of Liberation" - talk by James Coleman
29	SAT	Weekend Retreat with Donald Rothberg
30	SUN	
30	SUN	No evening meeting
August		
6	SUN	<i>(5:00pm optional beginning meditation instruction)</i> "The Shamatha Project Revisited" - talk by Michael Moran
13	SUN	"The Precepts Come to the West" - talk by Mick Malotte
20	SUN	"Meditation as Medicine" - talk by Devin Wallace
27	SUN	<i>(5:00pm optional beginning meditation instruction)</i> "Right Speech" - Small group discussion led by Sylvia Alcon

For more information, see www.whiteheronsangha.org