

White Heron Sangha Program Schedule Summary

Spring 2017

Unless otherwise indicated, meetings held Sunday evenings at 6:00pm.

Our venue may change on short notice.

Always check the website for latest information.

NOTE: Late changes may not be reflected here. Always consult the online events calendar for up-to-date information (www.whiteheronsangha.org), as well as for additional details.

March

5	SUN	(5:00pm optional beginning meditation instruction) Refuge Ceremony led by Corey McIntyre
12	SUN	"Teaching Rage Management at Avenal State Prison" - talk by Jay Salter
19	SUN	Video: Oprah Winfrey Interviews Thich Nhat Hanh
26	SUN	"Touching Enlightenment with the Body" - talk by John Dilworth and Alice Reinheimer in preparation for the Al Blum retreat in April

April

2	SUN	(5:00pm optional beginning meditation instruction) "Unraveling the Fabric of Prejudice" - talk by Steele Bennett
8	SAT	"The Power of Somatic Meditation in an Anxious Age" - Weekend Retreat
9	SUN	with Al Blum (to be held at a new Morro Bay venue -- see the website)
9	SUN	No meeting due to weekend retreat with Al Blum
16	SUN	"Lojong Practice" - talk by Lynne Breakstone
23	SUN	"Dependent Arising" - talk by Linda Modaro and Wendy Liepman
30	SUN	Dharma Songs Sing Along - Wendy Liepman

May

7	SUN	(5:00pm optional beginning meditation instruction) Sangha Social - Celebrate the Buddha's Birthday
14	SUN	"Four Thoughts that Lead to Dharma" - talk by James Coleman
21	SUN	"Who Am I? Reflections on No-Self" - talk by Joe Lynch
28	SUN	Sharing the Dharma - bring a reading to share

For more information, see www.whiteheronsangha.org