

White Heron Sangha Program Schedule Summary

Fall 2016

Unless otherwise indicated, meetings held Sunday evenings at 6:00pm at Unity Church, 1130 Orcutt Road (at Fernwood), San Luis Obispo 93401

NOTE: Late changes may not be reflected here. Always consult the online events calendar for up-to-date information (www.whiteheronsangha.org), as well as for additional details.

September

4	SUN	Refuge Ceremony led by Corey McIntyre
11	SUN	Annual Picnic 4:30-7:00 at Meadow Park in SLO
18	SUN	"What is a Buddhist Response to Racism?" - talk by Susan Quinones
24 25	SAT SUN	Weekend Retreat in Morro Bay with Heather Sundberg
25	SUN	No evening meeting because of the retreat

October

2	SUN	"Conceit" - talk by Nancy Hilyard
9	SUN	<i>(5:00pm optional beginning meditation instruction)</i> "Rethinking the Four Noble Truths" - talk by John Dilworth
16	SUN	Panel discussion of the book <i>Mindfulness: A Practical Guide to Awakening</i> by Joseph Goldstein
23	SUN	<i>(5:00pm optional beginning meditation instruction)</i> "Dharma and Darwin" - talk by Steven Marx
30	SUN	"Brahma Viharas and the Humans of New York Project" - Mick Malotte

November

6	SUN	Video: Oprah Winfrey interviews Thich Nhat Hanh
13	SUN	<i>(5:00pm optional beginning meditation instruction)</i> "Thich Nhat Hanh's Five Mindfulness Trainings" - talk by James Coleman
20	SUN	"Bearing Witness at Auschwitz-Birkenau" - talk by Rev. Mark Shogen Bloodgood
27	SUN	<i>(5:00pm optional beginning meditation instruction)</i> Sharing the Dharma - Bring a reading to share

For more information, see www.whiteheronsangha.org